

Understand your pet's real age

...AND HELP THEM STAY HEALTHY AT ANY AGE



Your cat's age	Equivalent age in human years
6 months	10
1 year	15
2 years	24
3 years	28
4 years	32
5 years	36
6 years	40
7 years	44
8 years	48
9 years	52
10 years	56
11 years	60
12 years	64
13 years	68
14 years	72
15 years	76
16 years	80
17 years	84
18 years	88
19 years	92
20 years	96
21 years	100

Your dog's age	Equivalent age in human years			
	Your dog's weight			
	≤ 9 kg ≤ 20 lbs	9 - 22 kg 21 - 50 lbs	23 - 41 kg 51 - 90 lbs	> 41 kg > 90 lbs
6 months	10	10	10	10
1 year	15	15	15	15
2 years	24	24	24	24
3 years	28	28	30	32
4 years	32	33	35	37
5 years	36	37	40	42
6 years	40	42	45	49
7 years	44	47	50	56
8 years	48	51	55	64
9 years	52	56	61	71
10 years	56	60	66	78
11 years	60	65	72	86
12 years	64	69	77	93
13 years	68	74	82	101
14 years	72	78	88	108
15 years	76	83	93	115
16 years	80	87	99	123
17 years	84	92	104	-
18 years	88	96	109	-
19 years	92	101	115	-
20 years	96	105	120	-

HEALTH SCREENING RECOMMENDATIONS*

Age Group	Recommendations
YOUNG ADULT	<ul style="list-style-type: none"> Chemistry Panel Complete Blood Count (CBC) Fecal Infectious Disease Testing Urinalysis
MATURE ADULT	<ul style="list-style-type: none"> Chemistry Panel Complete Blood Count (CBC) Fecal Urinalysis Infectious Disease Testing ± Thyroid Testing ± Blood pressure
SENIOR	<ul style="list-style-type: none"> Chemistry Panel Complete Blood Count (CBC) Urinalysis Thyroid Testing Fecal Blood Pressure Infectious Disease Testing

* Recommendations may vary based on species and geography,

🐾 = Highly recommended, ± = Optional

Your veterinarian may recommend alternative or additional testing based upon your pet's specific needs.

Cat age chart and preventive testing recommendations adapted from AAFP-AAHA Feline Life Stage Guidelines. Dog age chart adapted from Dog Owner's Home Veterinary Handbook, Appendix B: Comparative Age of Dogs and Humans.

1. Hoyumpa Vogt A, Rodan I, Sparkes A, et al. Special Article: AAFP-AAHA. Feline Life Stage Guidelines. Journal Of Feline Medicine And Surgery [serial online]. January 1, 2010;12:43-54.
2. Eldredge D, Giffin J, Carlson L, et al. Comparative Age of Dogs and Humans [Appendix B]. Dog Owner's Home Veterinary Handbook, 4th Edition. Wiley, 2007: 575-576.

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